



Module 4. Understanding Mental Health Conditions & Mental Illnesses

Time: 160 minutes

Slides: 30

Purpose: This module introduces participants to information on mental health conditions and mental illnesses and increases participants' understanding of mood disorders, psychotic disorders, and anxiety disorders, as well as their signs and symptoms. Mental health disorders specific to children and youth and their associated symptoms and behaviors are also presented in this module. The role of medication in the treatment of people living with mental illnesses is discussed.

Learning Objectives:

Upon completing this module, participants should be able to:

1. Define mood disorders, psychotic disorders, and anxiety disorders in adults, and impulse control and disruptive disorders in children and youth;
2. Describe some signs, symptoms, and behaviors you may see in people living with the above disorders;
3. Identify some strategies to use when responding to a person living with these disorders; and
4. Describe the role of medication in the treatment of mental illnesses and medication-related considerations for law enforcement.

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